



Winter 2021

## Table of Plenty in Chelmsford Newsletter

### HOME FOR THE HOLIDAYS



Oh there's no place like home for the holidays! In March of 2020, Table of Plenty had to stop serving. When we reopened, it was as a Grab N Go, with every intention of resuming sit down meals when we were able. This past summer, with the Senior Center undergoing kitchen renovations, we took our Grab N Go show on the road. We are so grateful to both St. Mary Church, and the Chelmsford Town Hall for letting us use their spaces for June through November. At the beginning of November, we learned that the renovations were almost complete and to top it off, the town's Board of Health gave the go ahead for in person dining. We are thrilled to be back home at the Chelmsford Senior Center and even more so to be serving a sit down meal once again. The Tuesday of Thanksgiving week we celebrated with tablecloths, balloons, centerpieces donated by Power of Flow-

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ers, and piano music provided by our friend John Volpe. The chefs paid tribute to Jim Comeau by making his favorite ~ meatloaf, mashed potatoes, gravy, and veggies. Dessert was Boston Tea Cakes provided by the Chelmsford Women of Today.

From Atlantic to Pacific...Table of Plenty is terrific!



## Jim Comeau



Jim (in striped polo shirt)  
with the Kitchen Crew  
in November of 2019

This past summer, Table of Plenty lost a good friend, our Chef Jim Comeau. Jim passed away in July after a two year lung related illness. As his obituary said, Jim was a man of great faith to his religion and service to others. Throughout his life he generously volunteered his time to his Church and community organizations. His devotion to volunteer work included Eucharistic ministry, youth ministry, Habitat for Humanity, Cor Unum, the Mobile Pantry, and of course with us at Table of Plenty. He would spend hours tirelessly seeking out, picking up, and delivering surplus food from various locations to distribute to those less fortunate. Jim always had a smile on his face and a twinkle in his eye. He will be greatly missed by all at Table of Plenty.

## Community Fundraisers

**Aggregate Industries** is a local asphalt, paving and crushed stone supplier. Last year the company and its employees identified food insecurity as a challenging issue. In addition to hosting a food drive at their Chelmsford plant, they made a very generous donation to Table of Plenty in Chelmsford and also reached out to their business partners to involve them. Making it an annual event, this year Vice President and General Manager Bob Andersson donated a truck full of groceries to the Chelmsford Food Pantry and then presented Table of Plenty with a check from Aggregate and its partners for \$27,150!

Companies that pitched in include Aggregate Industries, Allied Paving Corp., All States Materials Group, Atlantic Paving Corp., BitCon Corp., Carlisle Heating Service Co., Cooper Bros. Paving, Cosco Fencing & Guardrail, D & R General Contracting, Don Martin Corp., Drum Hill Trucking LLC, Dykeman Electrical Co. Inc., E.J. Paving Company, Inc., Indus, J. Tropeano Inc., Milinazzo Contracting Corp., Mill Steel Corp., Mystic Contracting, LTD, Nocella Paving, Pacella Enterprises, Inc., Pavements, Inc., P.J. Albert, Inc., Sealcoat Supplier Inc., Joseph A. Spinelli, Sunshine Paving Corporation, T & K Asphalt Services, Inc., The French Family Foundation, U.S. Pavement Services, Inc.



**Center School Student Council Raised Funds:** Center School Assistant Principal Donna Omobono and Student Council Advisor Sara Kielinen present a check for \$1059 to TOPIC President Mary Moriarty.



## Thank You to Our Meal Sponsors and Donors

The following donors either sponsored a meal, or contributed an amount equal or greater than a meal sponsorship:

- ◆ **Aggregate Industries and their Associates (see article above)**
- ◆ **Business Networking International**
- ◆ **The Byam School**
- ◆ **Center School Student Council**
- ◆ **Chelmsford Business Association**
- ◆ **Chelmsford PTO**
- ◆ **In Memory of Ellie Clancy**
- ◆ **In Honor of Jim Comeau**
- ◆ **The Cutting Edge**
- ◆ **The de Moulpied Family**
- ◆ **Enterprise Bank**
- ◆ **Enterprise Bank Employees**
- ◆ **Carl and Betty Fay**
- ◆ **Matt and Judith Fichtenbaum**
- ◆ **Thomas Gagnon**
- ◆ **In Memory of Adam Gregoire**
- ◆ **Judith Gudinas**
- ◆ **Hancock Building Association**
- ◆ **The Hanson Family**
- ◆ **In Honor of Mrs. Daya Indraratne**
- ◆ **Mr. and Mrs. Joseph Janowski**
- ◆ **Jeanne D'Arc Credit Union**
- ◆ **Dennis and Joan Keane**
- ◆ **Lockheed Martin**
- ◆ **Bruce and Lisa Magnuson**
- ◆ **In Memory of Maureen McKeown**
- ◆ **In Memory of Kathy McNeany**
- ◆ **Jim and Mary Moriarty**
- ◆ **In Memory of John Pelley**
- ◆ **RE/MAX—Andrea Jackson**
- ◆ **In Appreciation of Jerry Serra**
- ◆ **In Memory of Fern Sevigney**
- ◆ **In Honor of Sam Thomas**
- ◆ **Alfred and Kristen von Campe**
- ◆ **James and Eileen Young**
- ◆ **In Memory of LCPL Andrew Zabierek KIA Iraq**

...and many more businesses and friends who wish to remain anonymous.

Many thanks to all for your generosity!



If you or your business are interested in sponsoring a meal, contact Table of Plenty at 978-710-8EAT(8328) or [tableofplentyinchelmsford@gmail.com](mailto:tableofplentyinchelmsford@gmail.com).



## CPR and First Aid Training

A group of ten Table of Plenty Board Members and Team Leaders recently took part in CPR and First Aid Training. Many thanks to John Chemaly, a volunteer with Table of Plenty and also a founder at Trinity Emergency Medical Service who organized this class for us. Much of the course was taught over ZOOM by Shawn Hunter and included training in CPR, use of an AED, and First Aid Basic Training. It was followed by an in person session to go over techniques for CPR. We sincerely hope we never have to use it, but are grateful to John, Shawn and Trinity for providing this valuable education.



## President's Message

As Dorothy said in *The Wizard of Oz*, there's no place like home! We are excited to be back to serving a sit down meal to our guests, and our chefs are really enjoying the newly renovated kitchen! We are so appreciative to the Chelmsford Senior Center staff for hosting us once again!

Part of our mission at Table of Plenty is to provide a nutritious meal to those in need. During the last year and a half, our many dedicated volunteers braved the heat of summer, the cold of winter, and several very rainy and windy evenings fulfilling that mission. We are grateful to all those who gave so freely of their time.

But a second part of our mission is to alleviate social isolation by providing that meal in a community setting. It has been great to see the smiling faces of our guests - not through car windows - and to see folks catching up with one another after a long time apart. For a couple hours on Tuesday nights, life seems to be getting back to normal.

Yes, it's great to be back home!



**Mary Moriarty**

**Founder:** Maureen McKeown

### Board of Directors

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**Clerk:** Diane Taylor

Craig Bonaceto

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Paul Hardy

Rev. Ellen Rowse Spero

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