



## Table of Plenty in Chelmsford Newsletter

### Breakfast for Dinner - Paul's Diner Comes to Table of Plenty



Front Row L-R: Kathy and Alexis Stalford, Barb Doty, Carla Delpapa  
Back Row L-R: Paul Doty, Joy Fernandes, Walter Dunaj

Our friends from Paul's Diner in Westford brought the food to us when they cooked up "Breakfast for Dinner". Guests were treated to fruit salad, French toast with butter and syrup, and a hearty plate of scrambled eggs, potatoes, and sausages. Many thanks to Paul Doty and his crew for this delicious meal. A special debt of gratitude for being so flexible— they were originally going to host the day we needed to cancel because of the snow. We appreciate their "scrambling" to host the following week. All in all, it was an *EGGScellent* evening!

### February 2017

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## An Update from Chef Jim Comeau

We would like to thank all our volunteers, with a special thank you to three ladies who have been of great assistance to the cooks, taking on many duties — Ann, Giancarla and Carol.

The average weekly attendance at meals has continued to climb. During December, we served our 25,000th meal! Many plates have moved through the kitchen window to feed our guests.

Our menus continue to be well accepted. Although we tend to stay with tried and true meals, we have expanded our menus over the past year and look forward to adding new items. This year we added two fish dinners that were well received. We continue to serve special occasion meals for St. Patrick's Day, Easter, Thanksgiving, and Christmas.

We also continue to provide meals to My Father's House and T.I.L.L. (Toward Independent Living and Learning) on a weekly basis and to any shut-ins and veterans who might need some support on an as-requested basis. We generally pack up 30 to 40 meals a week for this well received outreach program. We also help with the St. Mother Theresa program at St. Francis Church in Dracut.

Thank you to Blake Funeral Home for offering the use of storage space in their garage. This additional storage allows us to keep bulk non-food items nearby, freeing up room in the kitchen.

In addition to our generous Table of Plenty friends, we have been assisted by many other donors. The Merrimack Valley Food Bank has been a welcoming partner to us, providing donated and government program food items. Many commercial groups, such as Panera Bread in Westford, local farmers, other retailers and many individuals regularly donate items like the celebration cake that we serve every fourth week of the month. Gary's Ice Cream and Sullivan Farms Ice Cream provide ice cream during their business seasons. In turn, we share with the Transitional Living Center in Lowell and Cor-Unum in Lawrence.

We are looking forward to another great year in 2017.

## He's Not Loafing Around



One of our chefs, Doug Drake, not only volunteers with Table of Plenty, but also spends a lot of his time helping out with the Boy Scouts. One of their annual fundraisers is baking loaves of breads around the Thanksgiving holiday. This year, over 2900 loaves were baked! Doug generously brought loaves of bread for all our guests to take home for a holiday dessert. Thanks Doug!

## SPECIAL EVENTS...



**Chelmsford High School's  
Acappella Group sings for us.**



**Employees from WellPet in  
Tewksbury help set up.**



**Micky Ward wins every round  
as he sponsors and serves!**



**Santa brought many smiles as he handed  
out homemade peppermint chocolate bars.**



**Neil Grover, renowned percussionist, mu-  
sic educator, and entrepreneur performs  
with Maureen Brennan, Tony nominated  
actress and singer.**

## Worker's Credit Union Donation



A huge thank you to Worker's Credit Union for their very generous donation to Table of Plenty! Wo, TOPIC Treasurer; Maureen McKeown, TOPIC President; Michelle Robbins, WCU Branch Manager; Christina Martel, WCU Branch Operations Coordinator; and Josh Williams, WCU Marketing Communications Coordinator

## Thank You to Our Meal Sponsors

- ◆ Blake Funeral Home
- ◆ Chelmsford Dental Associates
- ◆ Chelmsford Women of Today
- ◆ The Clancy Family
- ◆ Tim and Heather Clark
- ◆ The Cutting Edge
- ◆ Enterprise Bank
- ◆ Finest Builders
- ◆ First Parish Unitarian Church
- ◆ Jeanne D'Arc Credit Union
- ◆ Kenneth J. McPartland, DMD
- ◆ New England Medical Insurance
- ◆ Dr. Sargent
- ◆ Sargent and Associates
- ◆ The Serra Family
- ◆ Kevin and Patsy Sullivan
- ◆ Micky Ward Foundation
- ◆ Zestys
- ◆ ...and many more who wanted to remain anonymous.

## Sponsoring A Meal



If you or your business are interested in sponsoring a meal, contact Table of Plenty at 978-710-8EAT(8328) or [tableofplentyinchelmsford@gmail.com](mailto:tableofplentyinchelmsford@gmail.com).

## Annual Meeting of the Board of Directors



Front Row L-R: Joe Hehn, Frans Janssen, Maureen McKeown, Merri Serra, Deborah Kendrick, Mary Fedele, Sharon Hehn, Marianne Hutchins

Back Row L-R: Jim Comeau, Mike Kendrick, Jerry Serra, Diane Taylor, Kathy Clark, Mary Moriarty

Missing: Craig Bonaceto, Paul Hardy, Rev. Ellen Rowse Spero

On January 12, 2017, the Board of Directors met for the Annual Meeting. As we head into the end of our seventh year in operation, Table of Plenty continues to be operationally and financially sound and the number of guests that we serve continues to increase. Historically, it is interesting to note that the first few years the number of guests we served annually was in the 3000s. In 2014 and 2015 that number grew to the 4000s. And in 2016, we served over 5000 meals. Since we began in May of 2010, we have served over 25,000 meals!

Our chefs have done a tremendous job of shopping and using donations to produce delicious, nutritious, and substantial meals. Of course, all of this would not be possible without the dedication of our volunteer corps who we estimate have provided over 47,000 volunteer hours!

We thank all who have been a part of Table of Plenty, and are excited to see what 2017 will bring!

# President's Message

I am writing the President's letter from a very different vantage point this year. It has been a year of unexpected personal setbacks, but thanks to the strong organizational base and dedicated commitment of our Board and over 200 volunteers, Table of Plenty continues to thrive. We provide an average of 90 meals per week, and our business community, combined

with personal donations, has allowed us to provide uninterrupted quality service to our guests.

Now in our 7<sup>th</sup> year of operation, we will explore expanded ways to serve our community.

My personal gratitude is extended to everyone for the support and concern shown to me these past months. Happy and blessed new year to all.



*Maureen McKeown*

## Board of Directors

**President:** Maureen McKeown  
**Vice President:** Jerry Serra  
**Treasurer:** Deborah Kendrick  
**Clerk:** Mary Moriarty  
Craig Bonaceto  
Kathy Clark  
Jim Comeau  
Mary Fedele  
Paul Hardy  
Joe Hehn  
Sharon Hehn  
Marianne Hutchins  
Mike Kendrick  
Merri Serra  
Rev. Ellen Rowse Spero  
Diane Taylor

## Committee Members

**Accountant**  
Gerry Paolilli

**Attorney**  
Kevin S. Sullivan

**Cooks Committee**  
Jim Comeau, Coordinator  
Doug Drake  
Kirk Marshall  
Paul Windt

**First Parish Representative**  
Frans Janssen

**Inventory Coordinator**  
Sharon Hehn

**Publicity Coordinator**  
Diane Taylor

**Technical Communications**  
Craig Bonaceto  
Zac Scott

**Volunteer Coordinator**  
Mary Fedele

## Contact Us

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