



Table of Plenty in Chelmsford Newsletter

Volunteer Appreciation Dinner



To see more pictures from the Volunteer Appreciation Dinner, [click here](#).

In October, the Board hosted a Volunteer Appreciation Dinner at the Chelmsford Senior Center to say THANK YOU to all of our wonderful volunteers. We enjoyed lively conversation, an address from Town Manager Paul Cohen, a delicious meal, and a wonderful video created by TOPIC Vice President Jerry Serra. As Board Member Craig said in the video:

Thank you for everything you do for Table of Plenty! You are the reason we've been able to serve our community for nearly 10 years. We run on volunteers, and we couldn't do this without you! Even if you've served just one meal, made one lonely person feel less isolated, or changed just one life, you've changed our community and the world forever. The time, talent, and kindness you've generously shared with Table of Plenty has changed many lives. Thank you!

We'd also like to thank Zesty's Pizza for subsidizing the dinner, Hanaford Supermarkets for donating the cake, and A Floral Moment by Ju Ju Buds for donating flowers. The biggest thanks go to the staff at the Senior Center for their hospitality and constant support.

Fall 2019

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SOME THANK YOUs...



- * **Panera**— we continue to receive donations of breads, bagels, and pastries from Panera in Westford.
- * **Barracuda Networks**—for their sponsorship and volunteers who served dinner: Andrew Fournier, Dawn Daneau, Steve Pires, and Bronnie Cabezas.
- * **Matt Curtis and Katie Vooy (pictured here) and Margie Sidari**— who tickle the ivories to entertain our guests once each month.
- * **Rich MacDonald**—for all his great advice and bartending at our Volunteer Appreciation Dinner.



Happy Birthday Jim!

The family of our talented chef, Jim Comeau (far right in the photo), sponsored a meal in honor of his 80th Birthday so we could all join in the celebration. We enjoyed dinner, cake and ice cream, while Jim received proclamations from the Town and our partners at the Merrimack Valley Food Bank.



Table of Plenty's Kitchen Crew participates in the celebration!



The Chair of the Board of Selectman for the Town of Chelmsford, Ken LeFebvre, presents Jim with a Proclamation for all he does for the town and surrounding communities.



Thank You to Our Meal Sponsors

- ◆ Barracuda Networks
- ◆ The Chelmsford Business Association
- ◆ Chelmsford Dental Associates
- ◆ Chelmsford Women of Today
- ◆ Circle of Health
- ◆ The Clancy Family, In Honor of Ellie and Jack
- ◆ The Coddair Family, In Memory of Ann
- ◆ The Comeau Family, In Honor of Jim
- ◆ Dolan Funeral Home
- ◆ Elm Hill Labs
- ◆ Enterprise Bank
- ◆ Mary Fedele, In Memory of Jim
- ◆ Harbor of Hope Christian Church
- ◆ Frans Janssen, In Memory of Janeice
- ◆ The Lighthouse School
- ◆ L'Hussier Insurance Company
- ◆ Marchand Oil Company
- ◆ The McCoy Restaurant Group (McDonalds)
- ◆ The Sullivan Family, In Memory of Eric

...and many more businesses and friends who wished to remain anonymous.

Thank you one and all for your generous support.



If you or your business are interested in sponsoring a meal, contact Table of Plenty at 978-710-8EAT(8328) or tableofplentyinchelmsford@gmail.com.

Reminder

This year, both Christmas Eve and New Year's Eve fall on a Tuesday, so we will not be able to serve dinner on those nights.

Operation Nourish



Table of Plenty will be partnering with Operation Nourish - a Children's Feeding Program run through the Merrimack Valley Food Bank. Selected students in the Chelmsford School System will receive a bag of nutritious food each week on Fridays to reduce week-end hunger.

National research shows that children who eat regular healthy meals have a greater attention span and ability to learn, exhibit higher test scores, and have fewer physical and mental health problems. An investment in children's health is an investment in our country's economic health. Children, whose bodies and brains are in their most rapid period of growth, are vulnerable to even short-term deprivation.

How Can You Help? If you, or your group would like to hold a food drive to collect items that can be added to the bags, email tableofplentyinchelmsford@gmail.com for more information.

Volunteer Needs

Table of Plenty needs volunteers in the following capacity:

- Someone to pick up donations from Concord, MA on Mondays, Wednesdays, or Fridays, then go on to BJs in Haverhill to pick up additional donations, and then deliver them to Lawrence and Chelmsford.
- Someone to pick up leftover food on Wednesday mornings between 9:00 - 11:00 AM at the Chelmsford Senior Center and deliver it to the Lowell Transitional Living Center on Middlesex Street in Lowell.
- We can always use dishwashers on Tuesdays, between 3:00 - 5:00 PM or 5:00- 7:00 PM.

President's Message

Typically, the President's Message is written BY the President of the organization. But this edition's President's Message is TO our President, Maureen McKeown. A recurring theme at this year's Volunteer Appreciation Dinner and in the video created for it, was our immense respect, admiration, and gratitude for the woman whose vision and hard work is the reason Table of Plenty is here today. Maureen's desire to create a place where everyone could feel welcome has brought much joy to all of us—guests and volunteers alike. So, in this season of Thanksgiving, we give thanks to her for her energy, compassion, and love.

And we wish all of our TOPIC friends a very Happy Thanksgiving and Blessed Holidays.



Maureen McKeown

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